

2024 WELSH NIPPER STILLWATER LIFESAVING CHAMPIONSHIPS



Saturday 3rd February
Wales National Pool, Swansea

Manager's Meeting: 08:00
Warm Up: 08:15 (small pool)



Purpose

The Surf Life Saving Association of Wales Nipper Stillwater Championships is the most prestigious event for Pool Event in Wales.

Stillwater Lifesaving is a sport that involves various lifesaving skills and techniques, which are practiced in pool environments across the county where our lifeguards and aspiring lifeguards hone skills that will keep our beaches safe.

The event celebrates the very best of our future Surf Life Savers as our members compete for their friends and against their fellow athletes.

- To provide the best possible life saving experience for all with the view to encouraging long-term active participation.
- To provide opportunities for members to actively participate in and enjoy life saving and competition in an aquatic environment.
- To ensure our members are safe on beaches through building knowledge and experiences in the Surf programme.
- To develop a team based philosophy encompassing leadership, camaraderie, teamwork, and fun.
- To promote social, emotional and physical growth and development in a healthy and safe environment.

About this document

This document provides you with all the information you need to know to enter the Welsh Nipper Stillwater Championships 2024. While it contains the typical logistical information surrounding the event, it also incorporates very important details that a parent and/or guardian must be aware of this in entering their child into this event.

Entry Information

Entries may be made using the SLSA Wales Online Event Entry System on Tahdah. Your club has access to this system and will process your entries. Following the close of entry as detailed below, entry fees will be invoiced directly to your club for payment prior to the competition. The event entry system will not allow competitors to enter events if they have not met the requirements before close of entry.

Entries Open: **18:00 Thursday 14th December 2024**

Entries Close: **18:00 Thursday 18th January 2024**

Event Fees

Individual Events	£5.00
Pairs Events	£6.00
Team Events	£6.00
Official Protest Fee	£15.00

Team Manager's must be added to the team manager session on tahdah. Please ensure your contact details are up to date on tahdah on the online system to ensure that the relevant person receives all updated information directly. Failure to list a team manager may mean that you will miss out on vital information.



Seeded Races: All events will be decided on a heat-declared winner basis, heats will be seeded according to entry times. Heats for individual events will be drawn based on entry times as declared on the entry forms. The fastest declared entry times will be drawn in the last heat. Where no entry time or an incorrectly formatted entry time is declared the individual will be drawn in the first/early heats. The entry system allows you to enter the current best time for each individual athlete. Please only enter times if you have evidence of their accuracy. If you don't know the athletes best current times, then please leave this blank. Clubs deliberately entering false times to elevate athletes in the seeded heats, may be eliminated from these events at the Event Managers discretion without right of recourse by the club.

Entry Checks: Following the close of registrations, Entry Sheets are expected to be published on the event link. Team managers must check their clubs entries and notify the event manager of any scratchings and or team changes using the forms provided to clubs at this time.

Event Rules

The championships are open to members of SLSA Wales affiliated clubs. Non-members should email sport@slsawales.org.uk.

Competitors are only permitted to compete for one club per year (Jan-Dec) in SLSA Wales & SLISGB competitions. Their first-choice club is the one with which they first enter any Welsh or GB National Championship (Stillwater or Open water) in the calendar year. Where there are disputes and differences, there are rights to an appeal. However, all team managers are reminded that they have a responsibility to their competitors to make them fully aware of these matters.

This event will be conducted under the rules contained in [SLSA Wales Nipper Rulebook](#) the including any additional requirements as communicated by the Event Management Committee.

Additionally members entering this event are bound by the following rules:

- SLSA Wales Constitution
- SLSA Wales Bye-Laws
- Applicable SLSA Wales Code of Conducts (Note: The Event Management Committee reserve the right to exclude competitors from further competition for poor or 'un-sportsman like' behaviour. This also applies to parents, managers and supporters)
- UK Anti-Doping (UKAD) policy

Copies of these documents are available from the SLSA Wales website.



Age Groups

A competitor's age and eligibility age group (s) is determined by how old he or she is as at 31st December of the year in which they are participating in the competition.

U8 Year Nipper competitors will turn 8 in the year of competition.

U9 Year Nipper competitors will turn 9 in the year of competition.

U10 Year Nipper competitors will turn 10 in the year of competition.

U11 Year Nipper competitors will turn 11 in the year of competition.

U12 Year Nipper competitors will turn 12 in the year of competition.

U13 Year Nipper competitors will turn 13 in the year of competition.

In paired events and team events mixed gender pairs or teams are not permitted. Age groups must be written on the competitors hands.

PAIRED EVENTS

Rescue Tube Race - Competitors may only participate in **one pair** in the Rescue Tube Race. **Both members of the pair must come from the same age range**, i.e. from U8 – U10 or U11 – U13.

TEAM EVENTS

Competitors may only participate in **one team** in the Medley Relay and Board Relay.

Medley Relay – The team comprises of one competitor from each age group. However, if you have an age group missing, we will allow teams drawn from two of the three age groups.

Board Relay - The team comprises of one competitor from each age group. However, if you have an age group missing, we will allow teams drawn from two of the three age groups.

Athlete / Team Substitutes

Name swaps will be allowed during this competition as long as the following conditions are met:

- The name swap is recorded on the official sheets (available at the competitor liaison).
- The paperwork is handed in at least 5 events prior to the event taking place.
- The replacement swimmer is already registered to take part in another individual race over the competition.
- The replacement swimmer will not break one of the age group conditions of this document.

Event Photography

All formal photographers inside the venue will need prior approval from the Event Manager. If you wish to take photos at our competition, then please read the Media Accreditation Application Information here and apply for access into competition arenas.

Team Managers

You will also be required to read the team managers circular and event safety plan which will be released before the event [here](#).



Club Officials

Each competing club must supply at least **one qualified official** plus a timekeeper for the duration of the competition. If there are insufficient helpers, the organisers may cancel one or more events on the day.

If a club does not supply anybody, that club will not be cleared on the day to compete.

Competition Safety Plan

The Competition Safety Plan will be made available through the event page prior to the event commencing. The document is also available for viewing in the Event Management Area during the event.

Parent, Guardian, Coach, Team Manager and Club Obligations It is the responsibility of clubs, through their coaches and manager, to ensure that each individual competitor is competent to safely compete in the events in which they are entered. It is therefore the clubs responsibility to ensure that competitors who are not yet competent to compete in any of their events are withdrawn from an event rather than expose them to unnecessary risk or potential harm by encouraging or coercing competitors to compete, particularly against their will.

Manikins, Rescue Tubes & Boards

ILS approved manikins and Rescue Tubes will be supplied by SLSA Wales. These will be empty for the U8,U9,U10 and completely full for U11,U12,U13.

The Nipper boards allowed to be used in the pool events are specified in the rulebook. Clubs will be responsible for bringing enough board for their competitors, but all boards will be pooled on the day.

Events

The following events will be contested:

- 50m Manikin Carry
- 50m Flipper Race
- 50m Board Race
- 50m Board Rescue
- 25m Rescue Tube Race
- 4 x 25m Board Relay
- 4 x 50m Medley Relay

The events will run in accordance with the current [SLSA Wales Nipper Rulebook](#).

Competencies

Team managers will be required to sign a declaration agreeing that all competitors meet the SLSA wales minimum swimming standards for pool competitions:

“Competitors must be able to swim 50m in a recognised stroke, unaided and without stopping.”

Should there be continued disregard for this safety competency then clubs will be deducted points for each occurrence.



Specific Event Updates

50m Manikin Carry

- The manikin carry rules have been amended to improve fair judging of events by removing the disqualification for the manikin being gripped or grasped by the throat (neck), mouth, nose, or eyes, or carried with an arm over or around the throat (neck) of the manikin. See the rulebook.
- U13 – A front crawl carry is now permitted.

Board relay

- As we have move from 6 to 3 age groups in a race we have reduced the legs to 4 to allow for all teams to enter up to 2 teams.

Aggregate Trophies and Medals

Medals will be presented for 1st, 2nd & 3rd place in all individual events and all team events. An overall aggregate trophy combining all club results produce the Welsh Nipper Stillwater Champions.

1 st ~ 50 pts	9 th ~ 28 pts
2 nd ~ 45 pts	10 th ~ 26 pts
3 rd ~ 41 pts	11 th ~ 24 pts
4 th ~ 38 pts	12 th ~ 20 pts
5 th ~ 36 pts	13 th ~ 18 pts
6 th ~ 34 pts	14 th ~ 16 pts
7 th ~ 32 pts	15 th ~ 14 pts
8 th ~ 30 pts	16 th ~ etc

In addition there will be aggregate points awarded on the following basis which go forward to determine the Super Club of the year. The other events that form part of the Super Club Trophy will be Nipper Stillwater, Youth Stillwater, Senior Stillwater, Masters Stillwater, Nipper Ocean Championships, Youth Ocean Championships, Senior Ocean Championships, Masters Ocean Championships and the IRB Championships.

Points Scoring

The fastest 16 competitors / teams will score points as follows:

1 st ~ 20 pts	9 th ~ 8 pts
2 nd ~ 18 pts	10 th ~ 7 pts
3 rd ~ 16 pts	11 th ~ 6 pts
4 th ~ 14 pts	12 th ~ 5 pts
5 th ~ 12pts	13 th ~ 4 pts
6 th ~ 11 pts	14 th ~ 3 pts
7 th ~ 10 pts	15 th ~ 2 pts
8 th ~ 9 pts	16 th ~ 1 pt

Communication

Event Management utilise a variety of tools to keep you updated with the latest event information and news.

- [SLSA Wales Event Page](#)
- Facebook - @sawsales
- Twitter - @sawsales
- Instagram - @sawsales



Key Contact

If you have any queries or concerns, please feel free to contact the Event Manager.

Simon Perry
Sport Chair
Surf Life Saving Association Wales

Phone – 07805972902

Email – sport@slsawales.org.uk

Website – www.slsawales.org.uk

Event Programme

A draft programme is located on the event page. Please note that it is subject to change depending on the number of entries.

